



SUN TIMES

National Children's Dental Health Month

February is National Children's Dental Health Month.

Childhood is the most formative time in most people's lives, and that includes dental health.

This is when parents can help lay the foundation of proper dental hygiene, and when a gentle and patient doctor can prevent a lifelong fear of dentists!

It's difficult for children to adequately clean their teeth because they lack the dexterity and dedication it re-



quires. They may also have a diet full of sugary drinks and snacks, and suck on their fingers or thumb.

They also have deep grooves in their new teeth, making it hard for

a toothbrush to reach.

This is why it's important for adults to help children brush their teeth twice daily with a fluoride toothpaste... *Continued on page 3...*

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Tues. 8:30 a.m. - 5:00 p.m.
Fri. 8:30 a.m. - 5:00 p.m.
Select Thursdays &
Saturdays
By Appointment Only

Sun Times

February 2019

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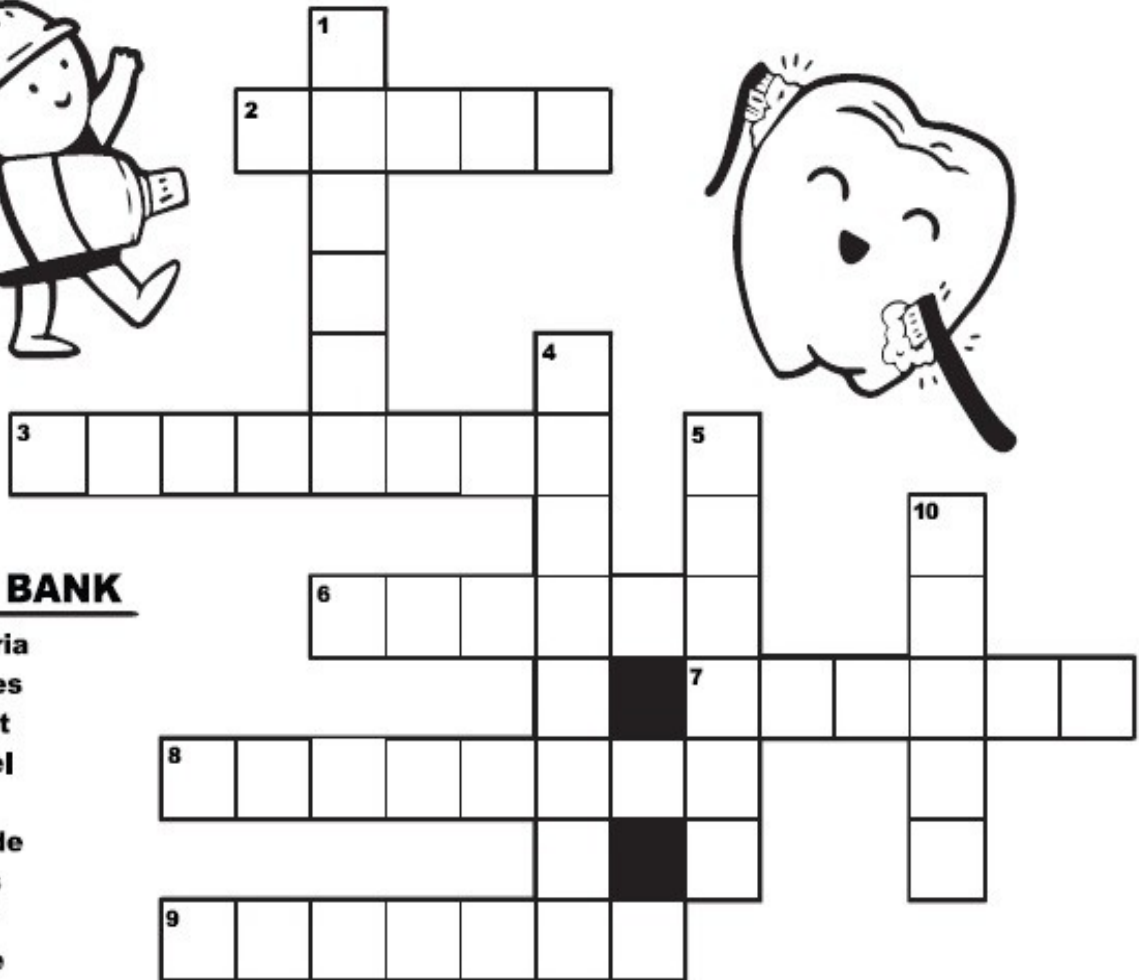
**NEW PATIENT
SPECIAL**

\$75

Full exam, full
mouth X-rays and
regular cleaning
(a \$296 value)

CROSSWORD

NATIONAL CHILDREN'S DENTAL HEALTH MONTH



WORD BANK

- Bacteria
- Cavities
- Dentist
- Enamel
- Floss
- Fluoride
- Germs
- Mirror
- Plaque
- Saliva

ACROSS

- 2. Cleans between your teeth.
- 3. ___ in plaque produce acid when you eat sugar which leads to cavities.
- 6. Washes away food and particles from your teeth and gums.
- 7. A dentist uses a mouth ___ to help him to see all of your teeth.
- 8. Helps protect your teeth from cavities.
- 9. It is important to visit your ___, regularly.

DOWN

- 1. A sticky film that if left on your teeth can lead to cavities.
- 4. Use toothpaste with fluoride to help prevent ___.
- 5. The hard outer layer of a tooth.
- 10. Bacteria is another name for ___.

National Children's Dental Health Month, continued...

...Continued from page 1... floss once daily, and limit sugar intake.

Dr. Sun recommends a child first visit our office when their first tooth is visible in their mouth.

Often, the first visit is only a meet and greet, and they have to return another time for the dentist to examine their teeth.

The visit will be less scary if the parent explains why they need

to have their teeth checked. It also helps to explain what all the strange objects in the exam room are.

For their first visit, the child may need to sit on an adult's lap so

they feel more secure.

Dr. Sun is happy to see patients of all ages. Call (760) 810-7297 to make an appointment.

COME SEE OUR NEW ZOOM!

Our office now features a shiny, new Philips brand Zoom! system to whiten your teeth up to eight shades in one visit.

It replaces our previous Zoom! Machine.

In up to four 15-minute sessions, depending on your sensitivity, the machine's blue LED lights intensify the bleaching gel's effects.

At the end of the treatment, we'll take an impression



of your upper and lower teeth to create custom bleaching trays you can use at home to maintain your new, bright smile.

Also included is a Zoom! Kit with one

tube of bleaching gel, one tube of anti-sensitivity gel, and a holder.

The price for all of this is only \$350.

Additional tubes of Opalescence

brand bleaching gel are available for \$25 per pair.

To make an appointment, to brighten your smile, call (760) 810-7297.