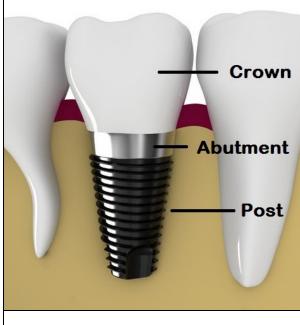


All About Implants

Implants are becoming a popular option to replace missing teeth because of their permanence and strength. Simply put, an implant is a post inserted into the jawbone and topped with a crown.

Candidates for an implant should have good oral conditions and be healthy overall. They should also have enough bone structure at the site being considered for an implant. After Dr. Sun has determined a patient clears all these requirements, the patient will then need a CT scan to determine the size of their implant.

At this point, Dr. Sun will extract the tooth to be replaced. if it's still present. Depending on which



Parts of an Implant

tooth was extracted, a titanium post is then inserted into the socket immediately, or after the site's healed for several weeks. Wait time is increased if bone graft material needs to be added to the area to increase support for the post. After the post is inserted, the jawbone is then given four to six months to heal.

The next step in the implant process is an abutment, which is attached to the top of the post to hold the crown. We'll take several impressions (molds) of your... [Continued on Pg. 2]

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Tues. 8:30 a.m.- 5:00 p.m. Fri. 8:30 a.m.- 5:00 p.m. Select Thursdays & Saturdays By Appointment Only

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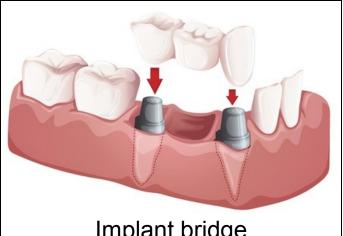
[Continued from Pg. 1] ...teeth at this point to create the crown. Over the span of approximately two weeks, a dental laboratory creates a crown to attach to the abutment, completing the implant procedure.

Because of the invasive nature of this procedure, it takes much longer to get an implant than a crown, bridge or denture. However, there are several advantages to implants.

The most obvious advantage of an implant is its permanence. Unlike

traditional removable dentures, implants have no risk of slipping in the mouth and don't require special cleaning. However, if a patient does need a removable denture, it can be attached to implant(s) to stay firmly in place.

Also, implants are similar to a crown or bridge in that they replace missing teeth, but don't require adjustments to adjacent teeth and allow easier access for cleaning. If multiple teeth need to be replaced, a bridge can be attached to implants.



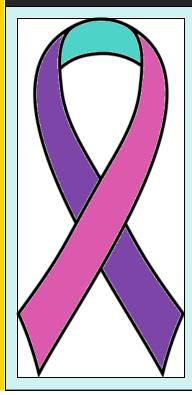
Implant bridge

At Dr. Sun's office, an implant costs \$2,700. This covers everything in the procedure, including the CT scan and crown. Most dental insurance providers cover implant procedures, and

most of those that do will cover 50 percent of the cost.

To schedule an appointment to see if you're eligible for an implant, call us at (760) 810-7297.

Thyroid Cancer Awareness Month



September is National Thyroid Cancer Awareness Month. The thyroid gland is part of the endocrine system, and is also connected to the nervous and immune systems. Because it helps regulate metabolism and brain function, it's important to protect it. This is where the dental office comes in.

Thyroid cancer can be detected early by an external visual exam from your dentist or hygienist. This is part of a complete exam provided for new patients and cleaning patients at Dr. Sun's office. The dentist or hygienist looks for nodules along the neck which may be a symptom of thyroid cancer.

Because the thyroid is located in the neck, close to the mouth. there are also concerns about exposure to radiation through dental X-rays. According to a 2013 policy statement from the American Thyroid

Association, no study has unequivocally established a relationship between dental X-ray exposure and incidence of thyroid cancer.

Despite this assurance, we still take steps to reduce the risk of exposure by taking X-rays only when necessary for treatment, and use only digital X-rays, which use much less radiation than film Xrays. We also place lead aprons on patients to block scattered X-ray radiation.

September 19 is

Talk Like a Pirate Day

Monday, September 19 is International Talk Like a Pirate Day, when everyone is encouraged to do their best Long John Silver and Captain Jack Sparrow impressions, minus the bad teeth.

Pirates are infamous for their poor oral health, in

Kale

Pep

Currant

Tomato

Lemon

Pineapple

addition to their drinking, pillaging and overall bad behavior. There were no toothbrushes. toothpaste, floss or dentists. If a tooth got to the point of unbearable pain, it was knocked out.

But the most well Avast, Dodge sourvy by eatin these foods. known pirate malady of

Brussels sprouts

by lack of vitamin C. Symptoms of scurvy include swollen, bleeding gums and loose teeth. Because pirates were at sea for long periods of time, and without refrigeration, they had little to no access to fresh foods. This meant vitamin C-packed citrus fruits such as lemons,

Cherries

Tangerine

Broccoli

Lychee

limes and oranges were in short supply.

Fortunately, we now have plenty of resources for dental care and vitamin C. In addition to visiting your dentist regularly, a diet rich in the foods listed below will help keep your mouth in ship-shape.

Papaya

Peas

Melon

Cauliflower

Strawberry

Grapefruit

Guava

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