

## ELECTRIC TOOTHBRUSHES

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### SPLURGE



The new Oral-B Genius 8000 connects with the Oral-B Smartphone app via Bluetooth to provide feedback on your brushing habits. It even has a color-changing LED light ring. The suggested retail price is \$199.99 - \$249.99.

### SAVE



Our hygienist, Elvia, recommends the Oral-B Braun series because of their gentle vibration and small, circular heads, similar to the prophylaxis brush we use for our patients in the office. The Oral-B Pro 1000 retails from \$49.99 to \$64.99.

## POWER FLOSSERS

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### SPLURGE



The Waterpik WP-950 Complete Care 7.0 includes a water flosser and a sonic toothbrush with a variety of attachments. Suggested retail price is \$119.99, with a two-year warranty included.

### SAVE



The Waterpik WF-02 Express is a portable, battery-operated water flosser. The water reservoir is easy to fill, and the pressure is adjustable. MSRP is only \$36.99.

# HOLIDAY GIFT

## WHITENING PRODUCTS

### SPLURGE



Crest offers a whitening kit that includes a blue light that weakens stains so the bleaching gel is more effective. The treatment is one hour per day for 10 days. Suggested retail price is \$99.95.

### SAVE



Crest 3D Whitestrips come in a variety of styles and prices, but the Classic Vivid style costs about \$25, with coupons often available in the newspaper. We recommend Costco for the best local prices.

## HANDMADE GIFTS

### SPLURGE



If you don't have the time, supplies or craftiness to make your own handmade gift, Etsy.com has many handmade toothbrush holders that will look nice in any bathroom, including ones made from pottery, mason jars, and wood.

### SAVE



An assortment of sugar-free chewing gum, mints or other edibles can be bundled in a cute jar, box or other container and spruced up with decorations. The Internet provides many ideas, such as covered mint tins at [CupofDelight.blogspot.com](http://CupofDelight.blogspot.com)